

Regional Training Calendar

for Professionals in Early Care &
School-Age Education

January - March, 2012

educating
teachers
supporting
children

NOW AVAILABLE: ONLINE REGISTRATION

- * Register for early childhood professional development workshops and CEUs online!
- * Pay online!
- * Look for updated workshop and CEU calendar!

Visit www.childcareservices.org/ps/training.html
to view the new features

Registration forms can still be mailed or
brought in to the Durham or Orange County
offices.

Payment online is by credit card only.

To access the latest helpful information
specifically for Child Care Providers, go to



www.childcareservices.org

and click on **Programs to Improve Child Care Quality**



*“Having new knowledge
helps me help the kids in my class
have a good day every day.”*

— Child care provider, Durham

We offer low-cost training opportunities for early education and school-age professionals in Alamance, Caswell, Durham, Franklin, Granville, Orange, Person, Vance and Wake counties. Credits for these workshops are approved by the Division of Child Development and can be applied toward state training requirements.

*****NOW AVAILABLE ON LINE REGISTRATION*****

- * Register for early childhood professional development workshops and CEUs online!
- * Pay online!
- * Workshop and CEU calendar continuously updated!

Visit www.childcareservices.org/ps/training.html to view the new features of the Professional Development Calendar for Early Education and School-age Professionals.

Registration forms can still be mailed or brought in to the Durham or Orange County offices.

Payment online is by credit card only.

Email your questions to: professionaldevelopment@childcareservices.org



*****NOW AVAILABLE*****



CONTINUING EDUCATION UNITS (CEUs)

New in this publication, we have an exciting new development--the addition of 4 all-day sessions that are being offered for Continuing Education Units (CEUs). These sessions offer more in-depth learning and hands-on experiences. They are limited to 25 participants and you must be willing to stay for the entire 5 hours to earn .5 CEUs. **The cost is \$40.** Included in the cost are your handouts, materials and your CEU certificate. These CEUs will help you meet the renewal requirements for Early Educator Certification and can count toward the in-service training hour requirements for licensure. Please complete the enclosed registration form.

What is a CEU? The Continuing Education Unit (CEU) was created by IACET as a measurement of continuing education. One (1) CEU is equal to ten (10) contact hours of participation in an organized continuing education experience under responsible and qualified instruction.

REGISTER TODAY—SPACE IS LIMITED TO THE FIRST 25 REGISTRANTS

Date, Time, Location	Title of Workshop	Target Audience	Cost	CEU Credit/hrs
<p>January 24 & 25, 2012 6:30p – 9:00p CCSA, 1201 S Briggs, Durham, 919-403-6950 <i>(Participants must attend all sessions to receive full credit/CEU)</i> Tammorah Stephens</p>	<p>BSAC (Basic School Age Care)</p> <p>BSAC (Basic School Age Care) is a 5 hour introductory level training event for school age care professionals that are new to the field. The training includes the following modules: 1) Health, Safety, & Nutrition, 2) Environmental Design, 3) Child/Youth Development 4) Developmentally Appropriate Activities, 5) Guiding Child Behavior, and 6) Quality School Age Care. This training is required by the NC Division of Child Development for school age care professionals working in licensed programs but is a great training for new staff in any afterschool program setting. There are no prerequisites required.</p> <p>Learning Outcomes:</p> <ol style="list-style-type: none"> 1. List the steps to proper table washing and hand washing procedures. 2. Sketch quality indoor and outdoor program environments. 3. Name and define the four domains of children's development. 4. Plan a developmentally appropriate activity for school-age children using the 5 key points of planning an activity. 5. Identify six key considerations for guiding children's behavior and how those are impacted by staff or environment. 6. Identify the six elements of quality school age care 	<p>Teachers of school-agers</p>	<p>\$40</p>	<p>5 hours/ .5 CEUs</p>

Date, Time, Location	Title of Workshop	Target Audience	Cost	CEU Credit/hrs
<p>February 9 & 16, 2012 6:30p – 9:00p <i>(Participants must attend all sessions to receive full credit/CEU)</i> TBA, Chapel Hill, 919-403-6950, Staci Herman Drauss</p>	<p>Appropriate Guidance, Discipline and Socialization Strategies for Children Birth to Three</p> <p>This training will look at the developmental perspective needed for implementing appropriate guidance strategies, creating plans to help prevent inappropriate behaviors, and briefly touch upon some individualized interventions that can be used when needed.</p> <p>Learning Outcomes:</p> <ol style="list-style-type: none"> 1. The learner will be able to recognize how typical patterns of development are key in planning guidance strategies. 2. The learner will be able to discuss the difference between inappropriate and unacceptable behaviors and describe appropriate strategies for responding to them. 3. The learner will be able to examine guidance and classroom strategies used to promote positive behaviors. 	<p>Teachers of infants and toddlers</p>	<p>\$40</p>	<p>5 hours/ .5 CEUs</p>
<p>February 11, 2012 9:00a – 2:30p TBA, Raleigh, 919-403-6950 There will be a 30 minute break. Diana Lloyd</p>	<p>ECERS-R: An In-depth Review for Preschool Teachers</p> <p>This course will allow participants to review and have a more in-depth comprehension of the core components for developmentally appropriate learning environments for children ages 2 ½ - 5 years. Areas of focus include classroom scheduling and activity planning, organization and accessibility of materials, specific interest areas, teacher-child relationships, and health and safety practices.</p> <p>Learning Outcomes:</p> <ol style="list-style-type: none"> 1. List 2 strategies for using ECERS-R to improve or enhance teaching practices. 2. Identify a classroom schedule that meets the expectations for a substantial portion of the day as defined by the ECERS-R. 3. List and describe 4 interest areas in a preschool classroom. 4. Identify accessible and appropriate materials in a preschool learning environment. 5. Describe the importance of offering a well-organized learning space for preschool children. 6. List the steps for hand-washing and identify the times for which it is recommended. 7. Identify 3 characteristics of effective preschool educators. 	<p>Teachers of 3-5 year olds</p>	<p>\$40</p>	<p>5 hours/ .5 CEUs</p>
<p>March 1 & 8, 2012 6:30p – 9:00p <i>(Participants must attend all sessions to receive full credit/CEU)</i> TBA, Durham, 919-403-6950, Staci Herman Drauss</p>	<p>Making Early Connections: Implementing Infant-Toddler Foundations</p> <p>Pre-requisite: Infant and Toddler Foundations Class (<i>bring your copy of the Infant and Toddler Foundations book if you have it.</i>)</p> <p>This course is designed to increase learner familiarity with and understanding of the contents of the Infant-Toddler Foundations. Learners will increase their knowledge about what and where information is in the document and how to apply the information in their everyday work with infants and toddlers and their families. Learners will practice a variety of skills that will support their confidence to implement the Infant-Toddler Foundations to support early development and learning.</p> <p>Learning Outcomes:</p> <ol style="list-style-type: none"> 1. The learner will be able to list the 5 domains of learning. 2. The learner will be able to identify guiding principles and practices being implemented in their program. 3. The learner will be able to use Infant Toddler Foundations as a resource for understanding and supporting infant and toddler development and learning. 	<p>Teachers of infants and toddlers</p>	<p>\$40</p>	<p>5 hours/ .5 CEUs</p>



TELEPHONE SEMINARS



Telephone seminars are interactive, distance learning training opportunities. For the **low fee of \$10**, you can listen and participate in a live presentation from the comfort of your home or child care program without the expense of time and gas. The telephone seminars are an easy and economical way to learn from early childhood experts. Some of the telephone seminars include an open Q&A session during or after the seminar so you can interact with the facilitator or presenter and have your questions answered.

Instructions: Select the telephone seminars you wish to participate in, complete the enclosed registration form, and send in your form and payment by the deadline. You will be emailed a call-in number and details for each seminar as it gets close to the date of the seminar. Materials (provided by mail and email) and instructions for joining the seminar will be sent before the seminar. Upon completion of the session, you will receive a credit slip two weeks after the evaluation form has been received in our office.

Note: To reserve space, please register by the deadline.

TITLE OF SESSION	DATE	TIME	CREDIT	COST	DEADLINE FOR REGISTRATION
It Can Work: Creating an Inclusive Environment	Tuesday, January 17	6:30p – 7:30p	1.0 hrs credit	\$10	January 10
Parents and Teachers as Partners: Issues and Challenges	Monday, January 23	6:30p – 7:30p	1.0 hrs credit	\$10	January 16
Parents and Teachers as Partners: Issues and Challenges	Monday, February 13	6:30p – 7:30p	1.0 hrs credit	\$10	February 6
Learning to Listen-Learning to Teach: 12 Principles of Effective Teaching	Thursday, February 23	6:30p – 7:30p	1.0 hrs credit	\$10	February 16
Parents-Provider Partnerships in Child Care PCAN	Tuesday, February 28	6:30p – 7:30p	1.0 hrs credit	\$10	February 21
Beyond Band-Aids (Supervision Series)	Tuesday, March 13	6:30p – 7:30p	1.0 hrs credit	\$10	March 6
How to Use the ITERS-R (Infant and Toddler Environment Rating Scale) to Improve the Quality of your Child Care Center (center staff of infants and toddlers)	Monday, March 20	6:30p – 7:30p	1.0 hrs credit	\$10	March 13
How to Use the ECERS-R (Early Childhood Environment Rating Scale) to Improve the Quality of your Child Care Center (center staff of 2-5 yr olds)	Monday, March 26	6:30p – 7:30p	1.0 hrs credit	\$10	March 19
Supervision of Young Children	Tuesday, March 27	6:30p – 7:30p	1.0 hrs credit	\$10	March 20

DURHAM COUNTY

Date, Time, Location, Presenter	Title of Workshop	Target Audience	Cost	Credit
January 9 6:30p – 8:30p CCSA, 1201 S. Briggs Avenue, Suite 200, Small conference room, Durham, 919-403-6950, Wilma Herndon	Infant/Toddler Safe Sleep and SIDS Risk Reduction in Child Care, ITS-SIDS	Directors, infant & toddler teachers, and family child care providers	\$12	2

DURHAM COUNTY CONTINUES

Date, Time, Location, Presenter	Title of Workshop	Target Audience	Cost	Credit
January 12 6:30p – 8:30p CCSA, 1201 S. Briggs Avenue, Suite 200, Durham, 919-403-6950, Amy Fulcher	Infant/Toddler Safe Sleep and SIDS Risk Reduction in Child Care, ITS-SIDS	Directors, infant & toddler teachers, and family child care providers	\$12	2
January 14 9:00a – 1:00p TBA, 919-403-6950	Playground Safety	Center staff and family child care providers	\$20	4
January 17 6:30p – 8:30p CCSA, 1201 S. Briggs Avenue, Suite 200, Large conference room, Durham, 919-403-6950, Betsy Barnes	Oral Language Development in Preschoolers	Teachers of 4 and 5 year olds	\$12	2
January 21 9:00a – 1:00p New Haven Complex, 2310 S. Miami Blvd., Suite 135, Durham, 919-403-6950	CPR	Center staff and family child care providers	\$35	Certification Card
January 24 & 25 6:30p – 9:00p CCSA, 1201 S Briggs, Durham, 919-403-6950 <i>(Participants must attend all sessions to receive full credit/CEU)</i> Tammorah Stephens	BSAC (Basic School Age Care)	Teachers of school-agers	\$40	5 hours/ .5 CEUs
February 2 & 9 6:30p – 8:00p CCSA, 1201 S. Briggs Avenue, Suite 200, Durham, 919-403-6950, Wilma Herndon	Theme Planning With the Child In Mind	Center staff and family child care providers	\$12	3
February 6 6:30p – 8:30p CCSA, 1201 S. Briggs Avenue, Suite 200, Small conference room, Durham, 919-403-6950, Wilma Herndon	Infant/Toddler Safe Sleep and SIDS Risk Reduction in Child Care, ITS-SIDS	Directors, infant & toddler teachers, and family child care providers	\$12	2
February 6 6:30p – 8:30p CCSA, 1201 S. Briggs Avenue, Suite 200, Durham, 919-403-6950, Betsy Barnes	Reading Aloud to Preschoolers	Teachers of 4 and 5 year olds	\$12	2
February 16 6:30p – 8:30p CCSA, 1201 S. Briggs Avenue, Suite 200, Durham, 919-403-6950, Amy Fulcher	More Than Just Routine (Infants & Toddlers)	Directors, infant & toddler teachers, and family child care providers	\$12	2
February 21 9:00a – 4:00p CCSA, 1201 S. Briggs Avenue, Suite 200, Durham, 919-403-6950	Pre-licensing for Family Child Care Providers	Potential family child care providers	\$80	6
February 21 6:30p – 8:30p CCSA, 1201 S. Briggs Avenue, Suite 200, Durham, 919-403-6950, Anna Berkeley	Opening Doors to Inclusive Programs: Respectful Accommodations for School Age Programs	Center staff of school-agers and family child care providers	\$12	2
February 23 6:30p – 8:30p CCSA, 1201 S. Briggs Avenue, Suite 200, Durham, 919-403-6950, Betsy Barnes	Writing with Preschoolers	Teachers of 4 and 5 year olds	\$12	2
February 25 9:00a – 11:00a CCSA, 1201 S. Briggs Avenue, Suite 200, Durham, 919-403-6950, Nannette Ausby	Music and Movement	Center staff and family child care providers	\$12	2
February 28 1:00p - 3:00p CCSA, 1201 S. Briggs Avenue, Suite 200, Durham, 919-403-6950, Vicki Weiss	Self-Management: Please, Teach Me What To Do	Center staff of 3 – 5 year olds and family child care providers	\$12	2
March 1 & 8 6:30p – 8:00p CCSA, 1201 S. Briggs Avenue, Suite 200, Small conference room, Durham, 919-403-6950, Wilma Herndon	Theme Planning With the Child In Mind	Center staff and family child care providers	\$12	3

DURHAM COUNTY CONTINUES

Date, Time, Location, Presenter	Title of Workshop	Target Audience	Cost	Credit
March 1 & 8 6:30p – 9:00p (Participants must attend all sessions to receive full credit/CEU). Pre-requisite: Infant and Toddler Foundations Class (<i>bring your copy of the Infant and Toddler Foundations book if you have it.</i>) TBA, Durham, 919-403-6950, Staci Herman Drauss	Making Early Connections: Implementing Infant-Toddler Foundations	Teachers of infants and toddlers	\$40	5 hours/ .5 CEUs
March 3 9:00a – 1:00p New Haven Complex, 2310 S. Miami Blvd., Suite 135, Durham, 919-403-6950	CPR	Center staff and family child care providers	\$35	Certification Card
March 5 6:30p – 8:30p CCSA, 1201 S. Briggs Avenue, Suite 200, Durham, 919-403-6950, Wilma Herndon	Infant/Toddler Safe Sleep and SIDS Risk Reduction in Child Care, ITS-SIDS	Directors, infant & toddler teachers, and family child care providers	\$12	2
March 7 6:30p – 8:30p CCSA, 1201 S. Briggs Avenue, Suite 200, Durham, 919-403-6950, Betsy Barnes	Using Poetry with Preschoolers	Teachers of 4 and 5 year olds	\$12	2
March 10 9:00a – 1:00p TBA, 919-403-6950	Playground Safety	Center staff and family child care providers	\$20	4
March 15 6:30p – 8:30p CCSA, 1201 S. Briggs Avenue, Suite 200, Durham, 919-403-6950, Amy Fulcher	ITERS-R: Infant & Toddler Environment Rating Scale-Revised	Directors, infant & toddler teachers, and family child care providers	\$12	2
March 20 6:30p – 8:30p CCSA, 1201 S. Briggs Avenue, Suite 200, Durham, 919-403-6950, Betsy Barnes	A Print Rich Preschool Environment	Teachers of 4 and 5 year olds	\$12	2
March 21 9:00a – 1:00p CCSA, 1201 S. Briggs Avenue, Suite 200, Durham, 919-403-6950, Lydia Toney	Foundations: Early Learning Standards of NC Preschoolers	Center staff of 2 – 5 yr olds and family child care providers	\$20	4
March 22 6:30p – 8:30p CCSA, 1201 S. Briggs Avenue, Suite 200, Durham, 919-403-6950, Tammorah Stephens	Fitness and Energizers for Child Care Providers	Center staff and family child care providers	\$12	2

ORANGE COUNTY

Date, Time, Location, Presenter	Title of Workshop	Target Audience	Cost	Credit
February 6 6:30p – 8:30p CCSA, 1829 E. Franklin St., Bldg 300, Chapel Hill, 919-403-6950, Kris Ketcham	Increasing Quality with the ITERS-R: Today and Everyday!	Center staff and family child care providers	\$12	2
February 7 6:30p – 8:30p CCSA, 1829 E. Franklin St., Bldg 300, Chapel Hill, 919-403-6950, Gwen Adair	Self Management: Please Teach Me What To Do	Center staff and family child care providers	\$12	2
February 7 6:30p – 8:30p TBA, Chapel Hill, 919-403-6950, Anna Barkeley	Opening Doors to Inclusive Programs: Respectful Accommodations for School Age Programs	Center staff and family child care providers	\$12	2

ORANGE COUNTY CONTINUES

Date, Time, Location, Presenter	Title of Workshop	Target Audience	Cost	Credit
February 9 6:30p – 8:30p TBA, Chapel Hill, 919-403-6950, Valerie Person	Infant/Toddler Safe Sleep and SIDS Risk Reduction in Child Care, ITS-SIDS	Directors, infant & toddler teachers, and family child care providers	\$12	2
February 9 & 16 6:30p – 9:00p <i>(Participants must attend all sessions to receive full credit/CEU).</i> CCSA, 1829 E. Franklin St., Bldg 300, Chapel Hill, 919-403-6950, Staci Herman Drauss	Appropriate Guidance, Discipline and Socialization Strategies for Children Birth to Three	Teachers of infants and toddlers	\$40	5 hours/ .5 CEUs
February 11 9:00a – 1:00p TBA, Chapel Hill, 919-403-6950	CPR	Center staff and family child care providers	\$35	Certification Card
February 18 9:00a – 1:00p TBA, 919-403-6950	Playground Safety	Center staff and family child care providers	\$20	4
March 5 6:30p – 8:30p TBA, Chapel Hill, 919-403-6950, Kris Ketcham	Like Outdoor Learning Environments for Infants and Toddlers	Center staff and family child care providers	\$12	2
March 8 6:30p – 8:30p TBA, Chapel Hill, 919-403-6950, Valerie Person	Infant/Toddler Safe Sleep and SIDS Risk Reduction in Child Care, ITS-SIDS	Directors, infant & toddler teachers, and family child care providers	\$12	2
March 14 9:00a – 1:00p TBA, Chapel Hill, 919-403-6950, Lydia Toney	Emergency Preparedness in Child Care	Directors, preschool teachers, and family child care providers	\$20	4
March 20 6:30p – 8:30p TBA, Chapel Hill, 919-403-6950, Gwen Adair	Preventing Power Struggles With Preschoolers?	Center staff and family child care providers	\$12	2
March 29 6:30p – 8:30p TBA, Chapel Hill, 919-403-6950	Infant/Toddler Safe Sleep and SIDS Risk Reduction in Child Care, ITS-SIDS	Directors, infant & toddler teachers, and family child care providers	\$12	2

WAKE COUNTY

Date, Time, Location, Presenter	Title of Workshop	Target Audience	Cost	Credit
January 5 6:30p – 8:30p Wake County Human Services Bldg, 319 Chapanoke Road, Raleigh, 919-403-6950, Kat King	Introduction to Inclusion	Center staff and family child care providers	\$12	2
January 10 6:30p – 8:30p TBA, Raleigh, 919-403-6950, Kepe Harrison	The 3 M's: Math, Music and Movement	Center staff and family child care providers	\$12	2
January 14 9:00a – 1:00p TBA, Raleigh, 919-403-6950, Kepe Harrison	Playground Safety	Center staff and family child care providers	\$20	4
January 17 6:30p – 8:30p Wake County Human Services Bldg, 319 Chapanoke Road, Raleigh, 919-403-6950, Staci Herman Drauss	Social-Emotional Development	Center staff and family child care providers of infants and toddlers	\$12	2
January 17 6:30p – 8:30p TBA, Raleigh, 919-403-6950	Creating a Supportive Management Environment for 1-2 Star License Programs—Strategies to increase your star rating	Family child care providers only	\$12	2
January 19 6:30p – 8:30p Wake County Human Services Bldg, 319 Chapanoke Road, Raleigh, 919-403-6950, Vicki Weiss	Self-Management: Please Teach Me What To Do	Center staff of 3 – 5 year olds and family child care providers	\$12	2

WAKE COUNTY CONTINUES

Date, Time, Location, Presenter	Title of Workshop	Target Audience	Cost	Credit
January 24 6:30p - 8:30p Wake County Human Services Bldg, 319 Chapanoke Road, Raleigh, 919-403-6950, Dinah Arthur	Partnering with Families	Center staff of 3 – 5 year olds and family child care providers	\$12	2
January 26 6:30p – 8:30p Wake County Human Services, 319 Chapanoke Road, Room 136, Raleigh, 919-403-6950, Christin Hammond	Infant/Toddler Safe Sleep and SIDS Risk Reduction in Child Care, ITS – SIDS	Directors, infant & toddlers, teachers, and family child providers	\$12	2
February 2 1:00p – 3:00p Wake County Human Services, 319 Chapanoke Road, Room 136, Raleigh, 919-403-6950, Elyse Cepull	Lesson Planning for Preschool Classrooms	Center staff of 2 – 5 yr olds and family child care providers	\$12	2
February 4 9:00a – 1:00p Wake County Human Services Bldg, 319 Chapanoke Road, Raleigh, 919-403-6950	First Aid	Center staff and family child care providers	\$35	Certification Card
February 6 6:30p – 8:30p TBA, Raleigh, 919-403-6950, Kat King	Supporting Positive Behavior	Center staff and family child care providers	\$12	2
February 7 6:30p – 8:30p Wake County Human Services Bldg, 319 Chapanoke Road, Raleigh, 919-403-6950, Deanna Bledsoe	Language Development and Communication with Infants and Toddlers	Directors, infant & toddler teachers, and family child care providers	\$12	2
February 9 6:30p – 8:30p Wake County Human Services, 319 Chapanoke Road, Room 136, Raleigh, 919-403-6950, Christin Hammond	Infant/Toddler Safe Sleep and SIDS Risk Reduction in Child Care, ITS – SIDS	Directors, infant & toddlers, teachers, and family child providers	\$12	2
February 11 9:00a – 2:30p TBA, Raleigh, 919-403-6950. There will be a 30 minute break. Diana Lloyd	ECERS-R: An In-depth Review for Preschool Teachers	Teachers of 3-5 year olds	\$40	5 hours/ .5 CEUs
February 14 6:30p – 8:30p Wake County Human Services, 319 Chapanoke Road, Room 136, Raleigh, 919-403-6950, Kepe Harrison	Introduction to Infant and Toddler Foundations	Directors, infant & toddlers, teachers, and family child providers	\$12	2
February 16 6:30p - 8:30p Wake County Human Services, 319 Chapanoke Road, Room 136, Raleigh, 919-403-6950, Vicki Weiss	Preventing Power Struggles with Preschoolers	Center staff of 3 – 5 year olds and family child care providers	\$12	2
February 21 6:30p - 8:30p TBA, Raleigh, 919-403-6950, Dinah Arthur	Transition: Change is Hard! But It Doesn't Have To Hurt	Center staff of 3 – 5 year olds and family child care providers	\$12	2
February 23 6:30p – 8:30p Wake County Human Services, 319 Chapanoke Road, Room 136, Raleigh, 919-403-6950, Christin Hammond	Infant/Toddler Safe Sleep and SIDS Risk Reduction in Child Care, ITS – SIDS	Directors, infant & toddlers, teachers, and family child providers	\$12	2
March 6 6:30p – 8:30p Wake County Human Services, 319 Chapanoke Road, Room 136, Raleigh, 919-403-6950, Elyse Cepull	Eco-Healthy Classrooms	Center staff and family child care providers	\$12	2
March 8 6:30p – 8:30p TBA, Raleigh, 919-403-6950, Kepe Harrison	Dealing with Emotions and the Anger Factor	Center staff and family child care providers	\$12	2
March 13 6:30p – 8:30p TBA, Raleigh, 919-403-6950, Kepe Harrison	Succeeding with FCEERS-Family Child Care Environment Rating Scale	Center staff and family child care providers	\$12	2
March 15 6:30p - 8:30p TBA, Raleigh, 919-403-6950, Vicki Weiss	Partnering with Families	Center staff of 3 – 5 year olds and family child care providers	\$12	2
March 17 9:00a – 1:00p Wake County Human Services Bldg, 319 Chapanoke Road, Raleigh, 919-403-6950	CPR	Center staff and family child care providers	\$35	Certification Card

WAKE COUNTY CONTINUES

Date, Time, Location, Presenter	Title of Workshop	Target Audience	Cost	Credit
March 20 6:30p - 8:30p Wake County Human Services Bldg, 319 Chapanoke Road, Raleigh, 919-403-6950, Dinah Arthur	Staying on Track: Promoting Healthy Social Emotional Behaviors Through Routines and Classroom Schedules	Center staff of 3 – 5 year olds and family child care providers	\$12	2
March 21 6:30p – 8:30p Wake County Human Services Bldg, 319 Chapanoke Road, Raleigh, 919-403-6950, Kat King	Introduction to SACERS	Teachers of school-agers	\$12	2
March 27 6:30p – 8:30p TBA, Raleigh, 919-403-6950, Kepe Harrison	Without Missing A Beat:: Classroom Management Techniques and Sign Language	Center staff and family child care providers	\$12	2
March 29 6:30p – 8:30p Wake County Human Services, 319 Chapanoke Road, Room 136, Raleigh, 919-403-6950, Christin Hammond	Infant/Toddler Safe Sleep and SIDS Risk Reduction in Child Care, ITS – SIDS	Directors, infant & toddlers, teachers, and family child providers	\$12	2

WORKSHOP DESCRIPTIONS

1 Planning a safe, healthy learning environment

Infant/Toddler Safe Sleep and SIDS Risk Reduction in Child Care, ITS-SIDS

This workshop gives child care providers an overview of Sudden Infant Death Syndrome, identifies SIDS risk factors, and describes ways to reduce the risk of SIDS in child care.

Emergency Preparedness in Child Care

This workshop will help ensure the health and safety of children in child care facilities. Participants will explore the importance of preparing for different types of emergencies and disasters. Providers will learn how to assess their programs' risk and resources, develop and implement a disaster plan, and build a team for effective disaster responses.

Supervision of Children

This workshop will provide ways to ensure that your environment and your procedures will lower risks from injury, illness and other dangers.

Playground Safety

This workshop is designed to promote greater safety awareness and to provide tips for safety on the playground. Strategies and techniques will be shared.

First Aid

Keeping children safe is your top priority. Learn how to protect children inside and outside of your child care program, what to do in an emergency, how to stock a first-aid kit, where to call for help, and more.

Beyond Band-Aids (Supervision Series)

It's a fact that children at home or in child care will become sick, get hurt or need to take medicine. Dealing with these situations safely is a serious task. This workshop contains guidelines for responding appropriately to accidents and illnesses.

Eco-Healthy Child Care

Research increasingly shows that the first years of a child's life are critical to shaping their future health and development. In this session you will learn that making small changes can have a big impact on the children in your care. By reducing toxins, you can help prevent illnesses like asthma, certain learning disabilities and even some forms of cancer.

CPR

This workshop will teach techniques for saving the lives of infants, children and adults. Certification cards will be issued upon completion.

2 Children's physical & intellectual environment

The 3 M's: Math, Music and Movement

Come and experience the integration of the 3 M's: MATH, MUSIC & MOVEMENT in this very interactive adult play workshop. Warning: Physical activity and singing will be required for loads of fun!

Writing with Preschoolers

Writing is so closely tied to reading that you can't do one well without the other. Participants will gain an understanding of the developmental stages of writing and learn fun ways to encourage children to make writing a natural part of their everyday lives.

Oral Language Development

Participants will explore the connections between oral language development and literacy and will learn activities they can use to help prepare children to learn to read and write during the early elementary school years

A Print Rich Preschool Environment

This will be an overview of various activities that can be used to promote a print rich environment in order to foster early learning and literacy development for preschoolers.

Reading Aloud to Preschoolers

This workshop will address the importance of reading aloud to children, modeling good reading practices and sharing good questioning techniques to engage children. Also included will be suggestions on how to select good literature for children.

Language Development and Communication for Infants and Toddlers- (beginner's level)

The participants will learn about the developmental milestones of language for birth to three, the science that links relationships to language learning in the first three years, and strategies to support development in this domain for all children including dual language learners.

Using Poetry with Preschoolers

Participants will explore the many learning opportunities gained from the use of poetry and will learn ways to promote the skills that are critical for school success

3 Children's social & emotional development

Staying on Track: Promoting Healthy Social Emotional Behaviors Through Routines and Classroom Schedules

Why are daily classroom routines and schedule so important in the daily lives of teachers and young children? How does following a consistent daily schedule with embedded routines support the social and emotional development of the children in your class? What can we do to help children 'stay on track' as they move through a typical preschool day? Through this training, you will receive answers to these questions and develop a deeper understanding of the role of schedules and routines in supporting healthy social-emotional development for all children.

Transition: Change is Hard! But It Doesn't Have To Hurt

Experts estimate that 20-30% of a young child's day involves transitioning from one activity to another. That's a lot of moving and a lot of wasted time! Unless teachers plan transitions as carefully and intentionally as they plan the rest of their day, that time can be stressful and frustrating for teachers and children alike. Participants will identify the transitions in their daily schedule, determine ways to eliminate some transitions, and learn strategies to support smooth transitions.

Preventing Power Struggles with Preschoolers

We all want to be in control of our own lives. But young children usually have very few opportunities to make choices about what they do and when they do it. They're told when to get up, what to wear, what to eat and when to eat it, where to go and what to do when they get there. Introducing choice into a young child's life can be a powerful tool to promote improved behavior in your classroom. Come learn the five steps to using the choice making strategy and discover how easily you can embed choice-making opportunities into your classroom and short-circuit power struggles with your preschoolers.

Dealing with Emotions and the Anger Factor

This workshop acknowledges anger as a normal emotion and will explore ways children can identify those angry feelings, where anger comes from, and learn self-control techniques to teach children to self-monitor their emotions in positive ways.

4 Productive relationships with families

Parents-Provider Partnership in Child Care (PCAN)

This workshop will help providers learn how to build partnerships with families and explore strategies to promote healthy child development.

Partnering with Families to Address Challenging Behaviors: We Are All in This Together

This session focuses on developing strategies and skills to make these conversations more productive for everyone...especially the child! Participants will learn how to set the stage for and successfully conduct these difficult conversations with parents.

5 Program management

How to Use the ITERS-R (Infant and Toddler Environment Rating Scale) to Improve the Quality of Your Child Care Center

Using pictures from different infant, toddler and two-year-old classrooms, participants will examine the Infant/Toddler Environment Rating Scale and discuss indicators in detail. Emphasis will be placed on ways to use the scale to improve learning environments.

Family Child Care Home Pre-Licensing Workshop

This one-day workshop is a comprehensive review of the North Carolina Family Child Care Home Rules and Regulations and will be helpful to persons who are planning to operate a family child care home. The information presented will focus on family child care home licensing information: region specific zoning and sanitation requirements; detailed information regarding program start-up and operation as it relates to budgeting for quality family child care homes.

Increasing Quality with the ITERS-R: Today and Everyday!

Does hearing the term ITERS make you feel anxious? If so this workshop is for you! Learning the scale for the big day is one thing, but maintaining that high level of quality for every other day is what it's really all about! Using pictures from different infant, toddler, and two year-old classrooms participants will break down the Infant Toddler Environment Rating Scale into manageable parts, discussing indicators in detail. Participants will have opportunities to ask questions and get ready to return to their programs more confident and informed.

Lesson Planning for Preschool Classrooms

Participants will develop effective lesson-planning skills that improve children's cognitive, social, emotional, and creative processes. The focus of this training includes the discovery of multiple intelligences, the usefulness of lesson plans, basic components of lesson plans, and the development of a mock lesson plan.

Increasing Quality Using the ITERS-R

Using pictures from different infant, toddler and two-year-old classrooms, participants will examine the Infant/Toddler Environment Rating Scale, discussing indicators in detail. Emphasis will be placed on ways to use the scale to improve early learning environments.

6 Professionalism

Self-Management Please, Teach Me What to Do

Learning new skills is hard, and when you're a preschooler every skill is new. Learning to manage your own behavior can be the hardest skill of all. Teaching self-management can be an intensive process, but it's a skill that is crucial to kindergarten readiness. When children can navigate the classroom with minimal adult assistance, they learn to take ownership of their own actions and choices, they treat others better, and are better able to calm themselves and to problem solve. Come learn the five steps to teaching self-management skills so you and your children can reap the benefits.

8 Child growth and development

Foundations: Early Learning Standards of NC Preschoolers

This workshop will describe the Early Learning Standards approach of Foundations and the expectations for the learning and development of preschoolers based on guiding principles.

Introduction to Infant and Toddler Foundations

This is an introductory training of North Carolina's early learning guidelines for infants and toddlers. You will learn more about what to expect from infants and toddlers and how to support their development and learning.

Without Missing A Beat: Classroom Management Techniques and Sign Language

Come learn classroom management techniques in a playful, interactive way that will enrich your environment using simple sign language.

More Than Just Routine (Infants and Toddlers)

Participants will gain a better understanding and knowledge about how routine care giving times are opportunities for building relationships and learning, and how these routines are connected to culture and families' values.

Creating Outdoor Learning Environments for Infants and Toddlers

This training will help participants understand the benefits of taking children outside daily. It will give suggestions on how to create spaces outside for infants and toddlers that support all areas of learning and introduce them to the natural environment. Participants will also be given ideas on what activities they can include in their outdoor spaces.

Music and Movement

Participants will learn why music and movement is important to use everyday. We will create new ideas from stories, poems and games. Family child care home providers and center teachers will enjoy learning how to enhance their existing programs. Activities for special needs children will be included.

9 Inclusion of children with special needs

It Can Work: Creating an Inclusive Environment

This workshop will provide ways to help teachers incorporate activities for children with special needs in their inclusive setting.

Inclusion and the Environment Rating Scales

Participants will learn the value of using the ITERS-R, ECERS-R & FCCERS-R as an assessment tool to improve the quality of care for ALL children. Common obstacles and recommendations for children with special needs will be discussed.

Opening Doors to Inclusive Programs: Respectful Accommodations for School Age Programs

This workshop provides an overview of the philosophy of inclusion and insight into what constitutes a "respectful accommodation." Specific examples of accommodations for children who have various types of disabilities are included.

10 Developmentally appropriate practices for school-age programs

BSAC: Basic School-Age Care

This workshop provides comprehensive, basic training for providers with school-age children. Some of the modules that will be taught are: Quality School-Age Care; Positive Behavior Management; Age-appropriate Activities; Health, Safety and Nutrition; and Child Care Requirements and Regulations.

Succeeding with SACERS

This workshop is designed for school-age teachers already familiar with the environment rating scales. How to prepare for an official SACERS assessment and scoring will be discussed.

Introduction to SACERS- School-Age Environment Rating Scale

This workshop will train child care providers in assessing group care programs for school-age children (5-12 yrs) using the School-Age Care Rating Scale.

Strategies for Supporting Positive Behavior in School Age Programs

This workshop provides tools and strategies needed to improve behavior outcomes. Participants learn the developmental needs of children and youth, responses to challenging behavior, appropriate expectations of children and youth with different needs, and identification of unmet needs that result in challenging behaviors.



Professional Development Programs Registration Form

One name per form & please fill out completely

— **NEW ONLINE REGISTRATION** —
If you would like to register for workshops online,
please visit our website at **childcareservices.org**.

Participant's first name (please print) _____

Participant's last name (please print) _____

Home phone number _____ In what county do you work? _____

Home address _____

City _____ State _____ Zip _____

Email address _____ Last four digits of your Social Security number _____

Work phone number _____ Place of employment _____

Program type: (please check one) Center Family child care home Public school pre-K School-age program

What is your first language? English Spanish Other _____ Do you need Spanish translation? Yes No

Ethnicity: African-American Asian Caucasian Hispanic/Latino Multi-Racial Native-American Prefer not to give

Enter the number of children in your care. If none enter 0: Number of children in care ages 0-5

Number of children in care ages 6-12

Name of Workshop or Seminar	County	Date of Workshop	Cost

Total enclosed \$

Please check the method of payment:

Payment online by credit card: <http://www.childcareservices.org/ps/training.html>

Payment in person, 8-5pm: at the Durham or Chapel Hill offices (addresses at right)

Payment by mail: Child Care Services Association
ATTN: Renee Wilson
1201 S. Briggs Ave, Suite 200
Durham, NC 27703

Durham office:
1201 South Briggs Ave., Suite 200,
Durham, NC 27703

Chapel Hill office:
1829 E. Franklin St., Bldg. 1000,
Chapel Hill, NC 27514

Registration phone: 919-403-6950 fax: 919-403-6959
Questions: professionaldevelopment@childcareservices.org

- DEADLINE TO REGISTER FOR ALL WORKSHOPS IS ONE WEEK PRIOR TO DATE OF WORKSHOP
- **Advance payment is required.** Faxed registrations alone will NOT reserve a space.
- If your payment is received after a workshop is closed, or if a workshop is cancelled, you will be notified.
- In consideration of presenters and participants, **no one will be allowed to enter 15 minutes after the workshop has begun.** Training credits can only be issued for completed workshops. If you choose to leave a workshop early, no credits can be issued.
- **No children will be allowed in the workshops.**
- No reminders will be sent for workshops and locations for which you have registered. **NO REFUNDS WILL BE ISSUED.**

Regional Training Calendar

for Professionals in Early Care & School-Age Education

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To access the latest helpful information specifically for Child Care Providers, such as other training opportunities, quality, nutrition and professional development information, go to

www.childcareservices.org

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