

Birth to Five Food Insecurity in the Triangle

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Project Objectives

1.

Investigate the root causes and effects of food insecurity for young learners

2.

Investigate where food insecurity is concentrated in the Triangle area



Research Methodology

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graph LR; A[Literature Review] --> B[Interviews with Local Leaders]; B --> C[Creation of GIS Maps];
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Literature Review

Interviews with Local
Leaders

Creation of GIS
Maps

Literature Review

We synthesized research concerning food insecurity in these specific subject areas:

- The history of food insecurity as a Social Determinant of Health
- How food insecurity affects children
- How the effects of parental food insecurity are passed onto children

Interviews with Local Leaders



Findings

Root Causes of Food Insecurity



Low minimum wage



Transportation



Systemic racism



Ease of access to unhealthy foods



Lack of Affordable Housing



Poor physical and mental health of parents



Citizenship status



Living in a food desert

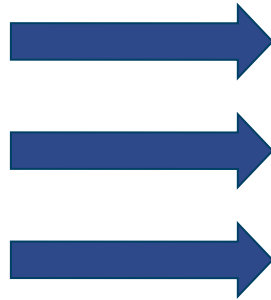
Effects of Food Insecurity

Cognitive Effects

- Cognitive inflexibility
- Focus
- Fatigue

Behavioral Effects

- Difficulty developing interpersonal skills
- Difficulty following instructions
- Irritability



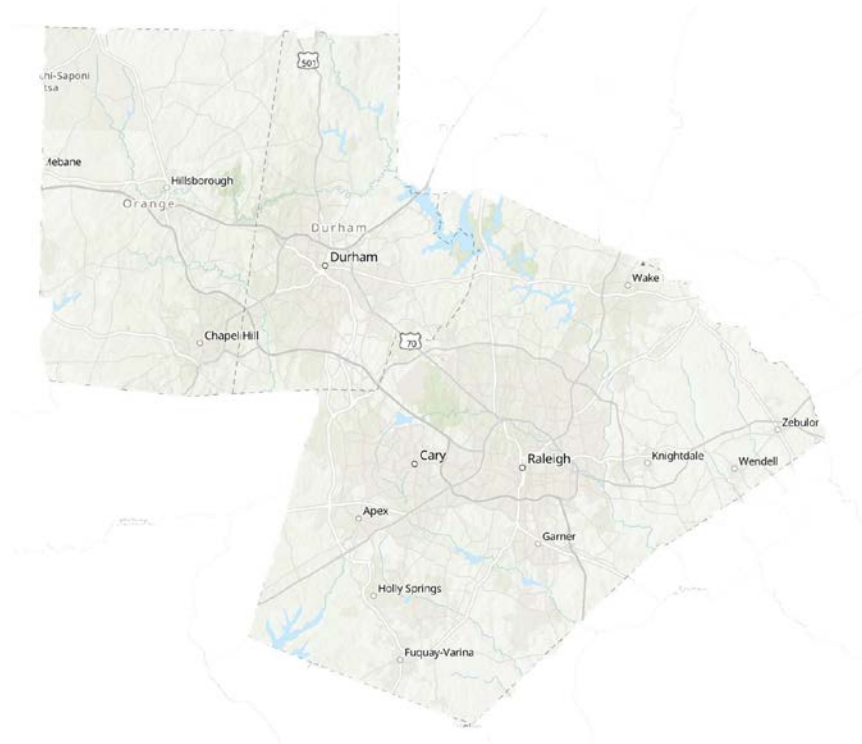
Impacts on Educational Outcomes

- School climate and discipline
- Academic achievement
- The development of problem-solving skills

Creation of GIS Maps

Main Objective:

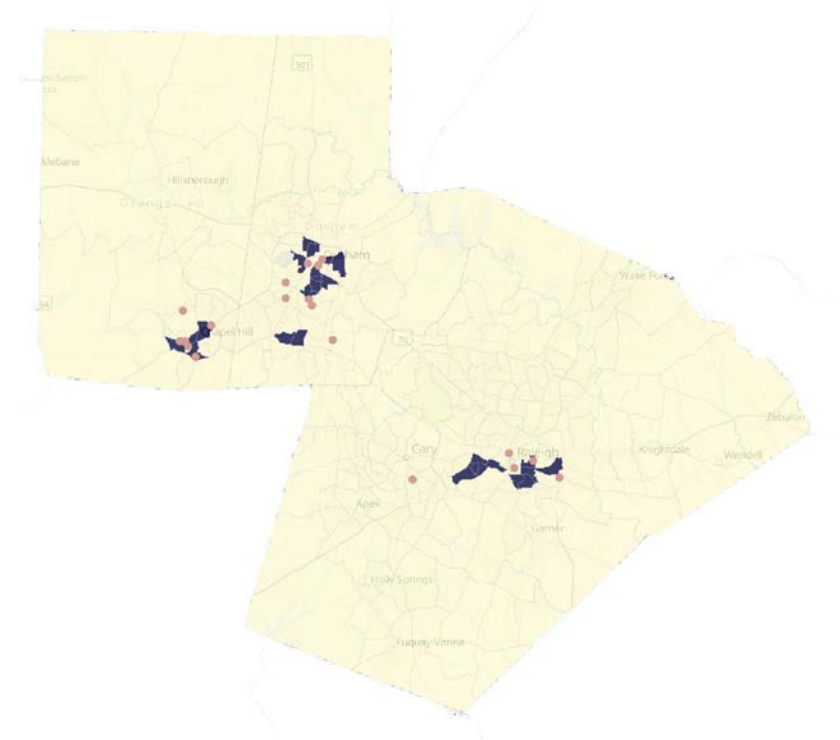
Use secondary data sources to map birth to five food insecurity in the Triangle.



Creation of GIS Maps

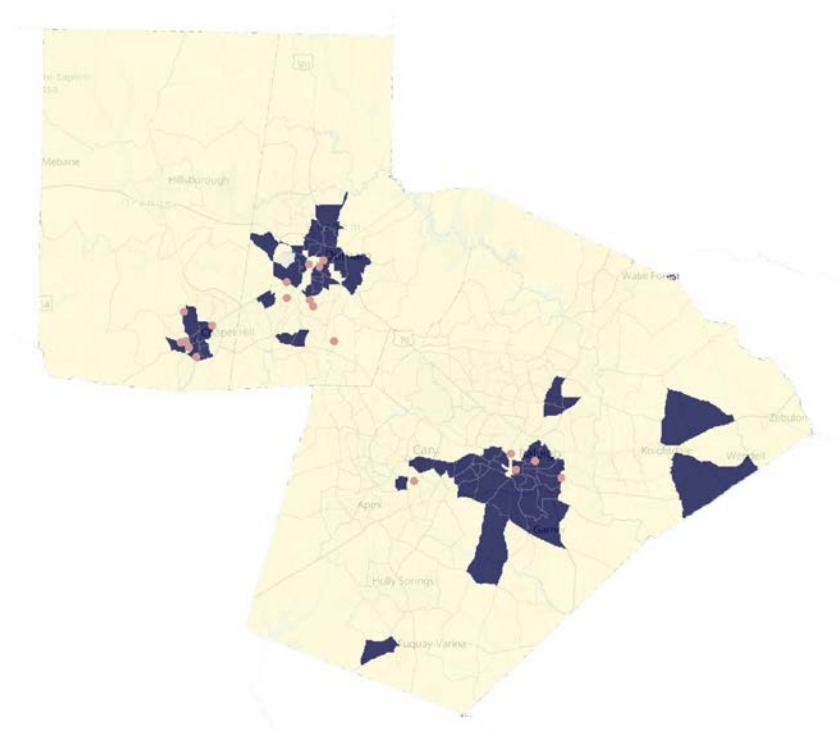
Indicator 1:

Persistent Poverty
Status



Creation of GIS Maps

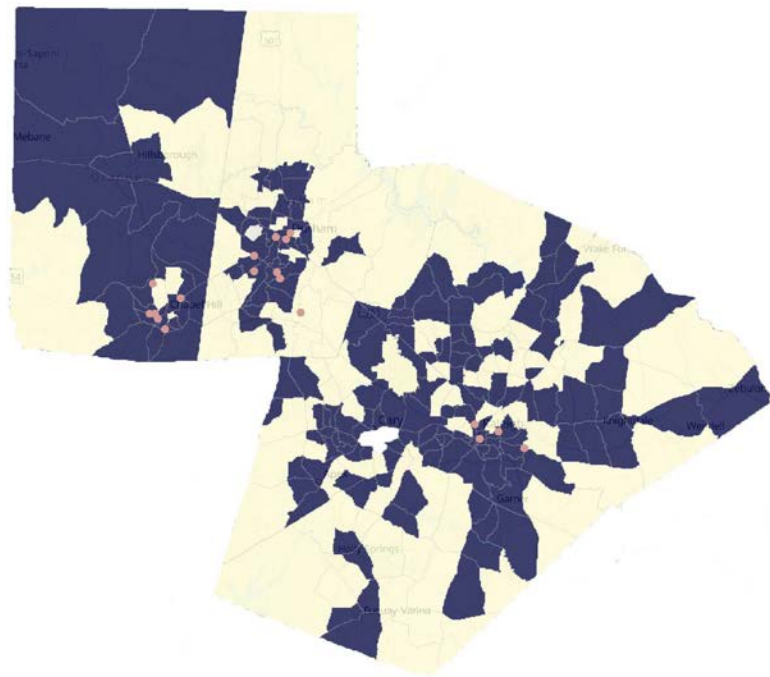
Indicator 2: BEA Distressed Community Status



Creation of GIS Maps

Indicator 3:

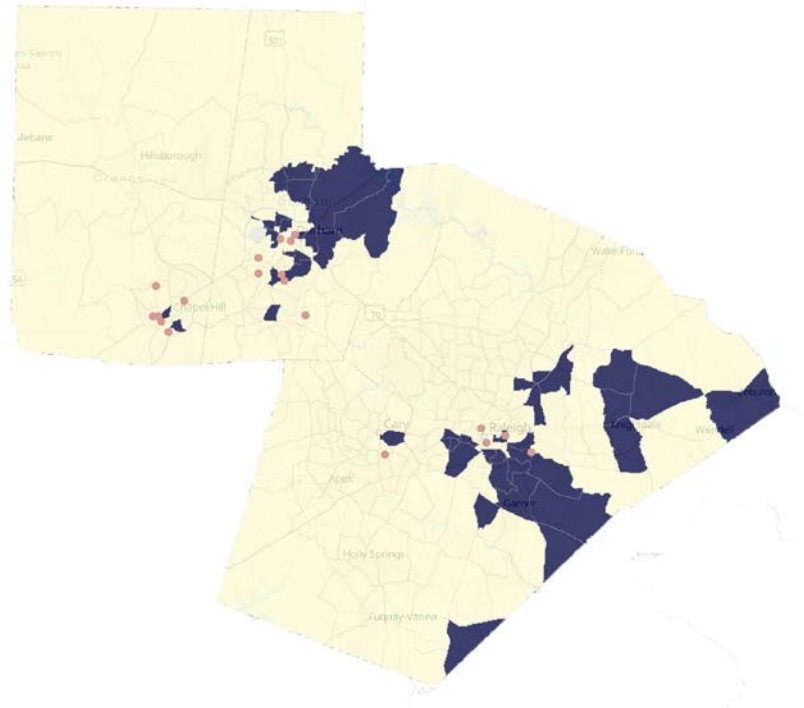
Low Access Status



Creation of GIS Maps

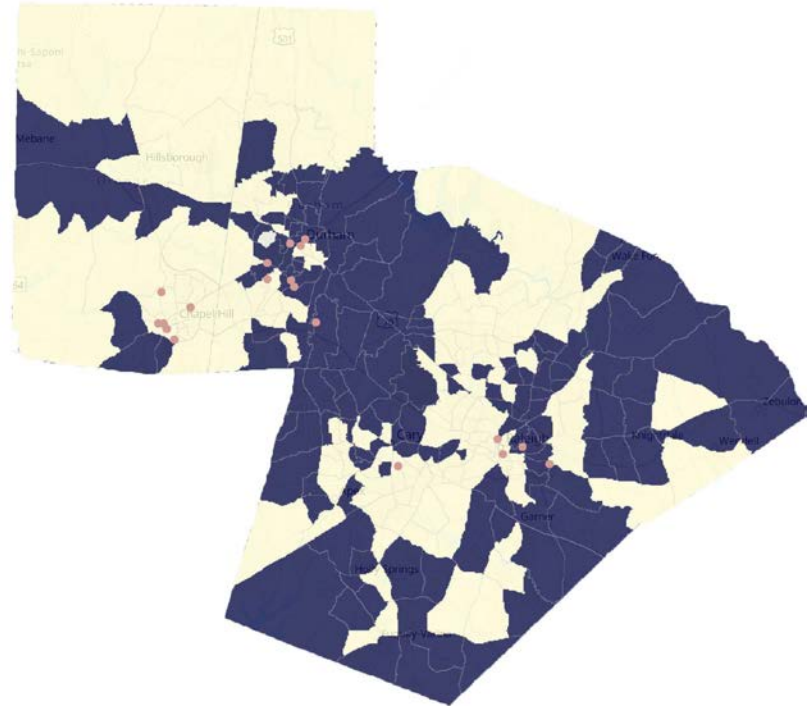
Indicator 4:

High Food
Expenditure Status



Creation of GIS Maps

Indicator 5: High Child Status



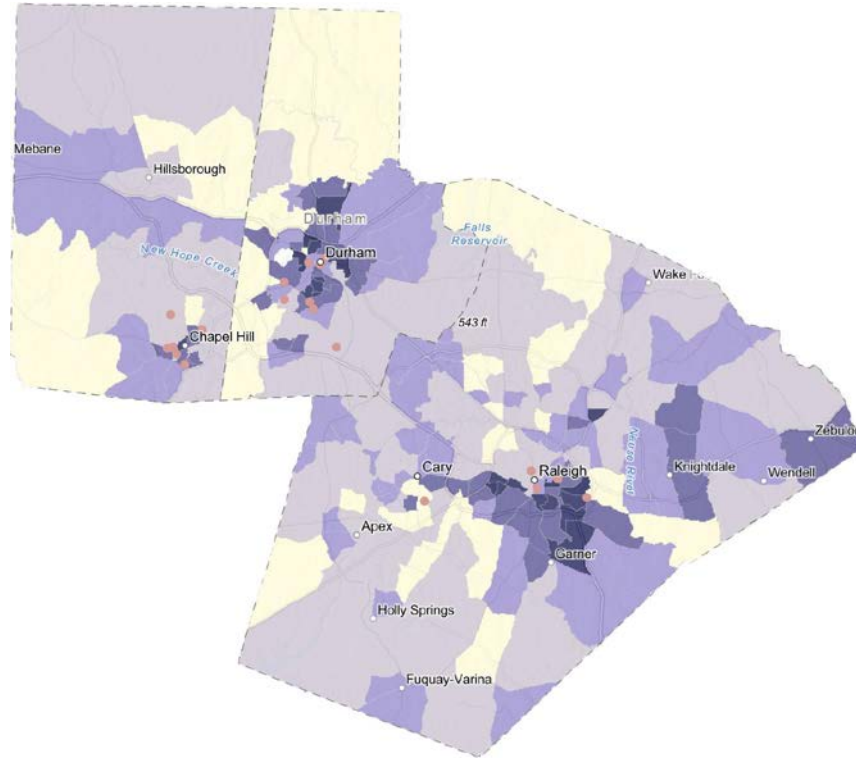
Food Insecurity in The Triangle

Map with all 5 indicators combined



Census tract with 0 indicators

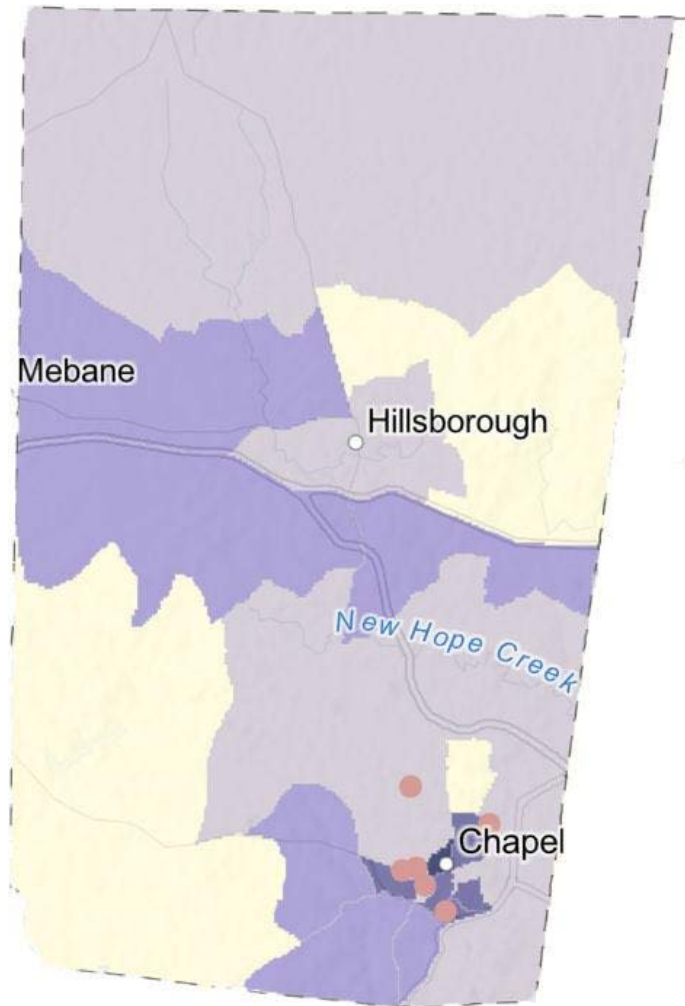
Census tract with all 5 indicators



Most Severe
Food Insecurity

Least Severe
Food Insecurity

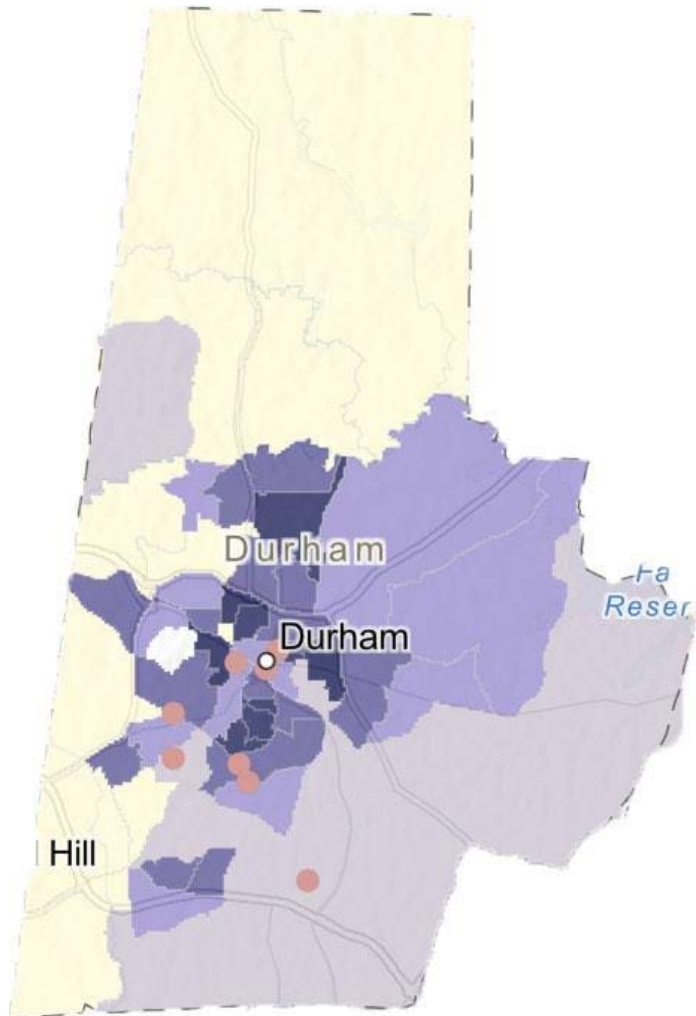
Child care centers participating
in CCSA's Meal Services
Program

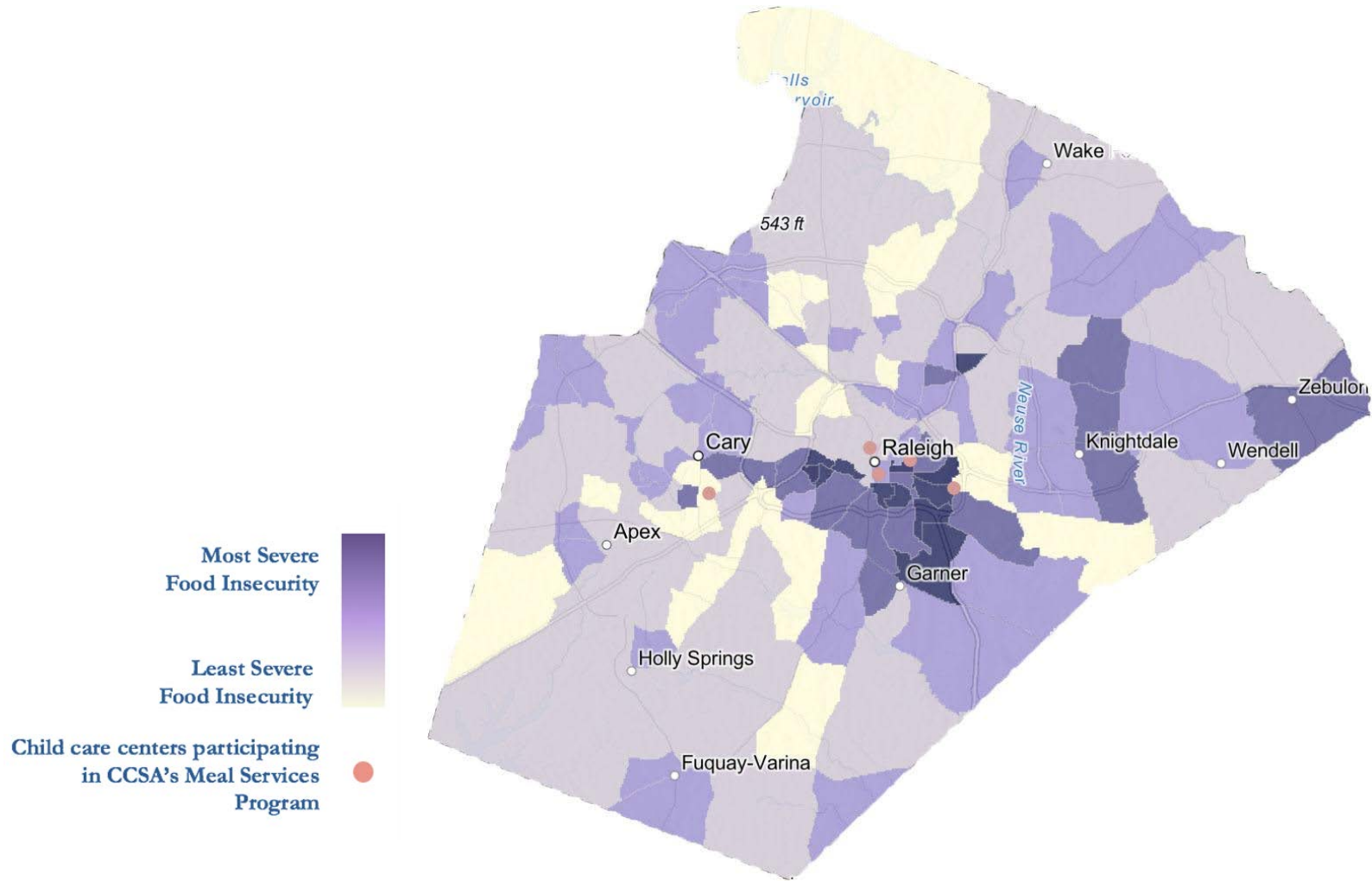


Most Severe
Food Insecurity

Least Severe
Food Insecurity

Child care centers participating
in CCSA's Meal Services
Program





Recommendations for CCSA

Expansion of the Meal Services Program

Target Areas of greatest need

- a. Reach out directly to child care centers located in areas with high food insecurity
- b. Assist new child care centers in becoming partners with CCSA's Meal Services Program

Durham Kitchen

Parent-kid cooking classes



Kids cooking competition



Startup Kitchen Space



Field Trips & Summer Camps



Questions?